



Beyond Leg Ulcers:

COMPRESS TO IMPRESS

THE SUNSHINE COAST

29 April 2025 | 4 CPD Hours



NURSES FOR
NURSES
NETWORK



WOUND
THERAPIES

WHAT THIS WORKSHOP IS ABOUT



Best practice for management of lower leg ulcer is to apply graduated compression. In reality, this is often not or poorly applied.

What are the barriers to best practice? When is it safe to compress? How do I choose the type of compression? How much compression is enough or too much?

This workshop will explore graduated compression and its application to the lower legs. This workshop explores the hows, when, how to and how much of compression application.

Join us in this interactive workshop and learn more about the different ways to manage lower leg oedema and how to use compression safely for your patients to achieve best outcomes.

LEARNING OUTCOMES

At this workshop, participants will:

- Explore the science and clinical application of graduated compression
- To understand Best Practice Guidelines and their application in clinical practice
- To participate in a hands-on workshop for compression
- Gain an understanding of a client-centred approach in oedema management

YOU WILL ALSO LEARN

- The risk factors of venous disease
- Best Practice treatment for the side effects of venous disease
- The reality of trying to apply best practice principles
- The variety of compression systems from the basic to the top of the range
- The challenges of applying the various systems

ITINERARY

29/04/2025 | 0800 – 1200

0800 – 0815: Welcome

0815 – 0900: Venous disease, skin integrity what is the association?

Topics included in this session:

- Exploring Venous Disease: Risk Factors and Presentation
- What is best practice?
- Reality of Applying Best Practice

0900 – 1030: Compression = Confusion!

Let's explore products to manage oedema and venous leg ulcers

Topics included in this session:

- Keeping it Simple: Elasticated Bandages
- Compression Systems
- Garments and Wraps
- Infection Prevention and Control

1030 – 1045: Morning Tea



ITINERARY CONTINUED

1045 – 1145: Challenges in Application

Topics included in this session:

- Person-centred care
- Challenges the clinical environment
- Troubleshooting

1145 – 1200: Bringing it All Together

In this session, attendees will have the opportunity to ask questions that have come up during the morning.

"Just wanted to say thanks for an amazing weekend of education. Seriously was the best conference I have ever attended, as well as the best value for money, the price for the conference was unbelievable. I have attended conferences twice the price and have come away feeling disappointed.

Louise is not only an amazing, engaging and captivating speaker but her knowledge is extensive, relevant and up to date. What a privilege to have met her.

My colleague and I who attended are both NPs in a busy mixed ED and are often faced with questions from medical and nursing staff in regards wound management. We both now feel empowered and confident to provide advise on wound care and wound dressings that is best for our patients."

Kerri, Unpicking the Mysteries of Wound Management Products

OUR PRESENTER

Louise Webber, Masters Nursing Science (Nurse Practitioner), BA (Hons), RN



Louise has over 25 years of experience in Wound Management and established her Private Practice (Wound Therapies) in 2014.

She has worked in several public hospitals and Community settings in Australia and overseas. She currently works collaboratively with several Aged Care Providers and private hospitals and runs her specialist community wound clinic.

Louise was previously an Honorary Clinical Fellow for Australian Catholic University and continues to participate in research projects with a leading Queensland University.

Louise is passionate about wound care and strives for best practices. Additionally, she has participated in several international working groups for Pressure Injuries and Leg ulcers and frequently presents at workshops, conferences & seminars.

She is a mum of two, loves the Sunny Coast lifestyle and attempting to play golf!

REGISTRATION COSTS

\$260.00 incl GST (NB: Registration cost doesn't include travel, accommodation, or travel insurance.)

VENUE

Maroochy River Golf Club

374-514 David Low Way, Bli Bli | (07) 5373 1000

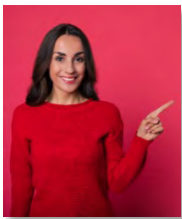
Enjoy the views of the spectacular golf course with the iconic Mt Coolum on the horizon. The Maroochy River Golf Complex is the home of the Maroochy River Mini Golf, a million-dollar tourist destination and the only one of its kind on the Sunshine Coast.



INCLUSIONS

- A workshop program based on current best practice
- A presenter who is excited to be able to share her skill, knowledge, and passion with attendees
- A workshop pack that includes a notepad, pen, and additional information to support a fantastic workshop experience
- A delicious afternoon tea
- A workshop transcript that identifies each session including the session synopsis and session presenter
- A Certificate of Completion identifying the CPD hours for you to include in your CPD Evidence Portfolio

INSURANCE



The Nurses for Nurses Network and Education at Sea strongly recommends customers take out travel insurance at the time of registration for an event to cover any unforeseen circumstances that may prevent them attending and thus incurring any financial loss.

DISCLAIMER

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CONDENSED ITINERARY

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0900 – 1030: Compression = Confusion!

1030 – 1045: Morning Tea

1045 – 1145: Challenges in Application

1145 – 1200: Bringing it All Together

CONTACT DETAILS

The Nurses for Nurses Network

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M-Th: 0900 - 1500

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