

Welcome to the Nurses for Nurses Network and Education at Sea's *Beyond the Bet: Health Perspectives on Gambling and Party Drugs Conference*. We trust you will find this conference interesting and relevant to you.

DURING THE CONFERENCE

We have provided a folder containing a notepad and a pen for your convenience.

HOW TO CONTACT THE CONFERENCE CONVENER – JASON DAWSON (EDUCATION AT SEA)

The Conference Convenors are available to you during Conference program hours to answer any questions you may have. Any changes to the Conference program will be communicated to the group at the beginning of the first face to face session of the day and at the end of the last face to face session of the day.

As a Conference Attendee, it is your responsibility to make yourself available for these sessions to be aware of any changes. In the case of an emergency that occurs outside of the Conference program hours, please contact our office/s, who will send through your message.

AFTER THE CONFERENCE

1. Your Certificate of Completion will be available to you online at the Nurses for Nurses Network website.
2. You will also receive an email with a link to an online evaluation form.

We would appreciate it if you took a few minutes to provide us with some feedback, as it only helps to make CPD events better for everyone who attends.

HOW TO COLLECT YOUR CPD CERTIFICATE

1. You will receive an email when your certificate is available. Click the link in the email to retrieve it or Login to <https://nfn.com.au/nurses-for-nurses-network-account-dashboard/>
2. Enter your username and password
(Your login details were provided to you via email, please advise the office if you did not receive these.)
3. Click the Event CPD Certificates link on the left-hand side
4. Download and print if required
5. Online Library

The online library will be available to you until the 23/11/2025.

Scan the QR code to view the library or use the link below:

<https://nfn.com.au/online-library-beyond-the-bet-melbourne-nov-2025/>



OFFICE CONTACT

Don't hesitate to get in touch for further information.

<p>Payments Receipts Refunds Travel Arrangements Education at Sea 02 7908 7774 enquiries@educationatsea.com.au BH: Mon – Fri 1000 - 1700</p>	<p>Program Online Library Certificates The Nurses for Nurses Network 07 4151 3884 (Select Option 3) enquiries@nfn.com.au BH: Mon – Thu 0900 - 1500</p>
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Please Note: If you have an emergency during this event and can't speak to the convenor, please text (not call) our emergency number – 0485 931 608

DAY 1: 02/11/2025 | DEPART SYDNEY

1530: We set sail – make sure you're on deck
1700 – 1800: Conference Welcome Function and Drinks | Venue: The Cool Lounge and Bar, Deck 5

DAY 2: 03/11/2025 | CONFERENCE DAY | THE COOL LOUNGE AND BAR, DECK 5

0830 – 0930: Epidemiology of Gambling and Party Drug Use
0930 – 1030: Neurobiology of Addiction
1030 – 1100: Break
1100 – 1200: Mental Health and Dual Diagnosis
1200 – 1400: Lunch Break
Afternoon: Self-directed CPD Activities via the Online Library

- Cultural and Social Determinants
- Illicit Drug Use in Australia
- Pill Testing – A harm Reduction Initiative

1800 – 1900: Networking Session

DAY 3: 04/11/2025 | PORT OF CALL: MELBOURNE ARRIVE 0800 | MELBOURNE CUP

All Day Today you will enjoy the race that stops a nation...The Melbourne Cup

DAY 4: 05/11/2025 | PORT OF CALL: MELBOURNE

All Day Explore at your Leisure
1800 – 1900: Networking Session

DAY 5: 06/11/2025 | PORT OF CALL: MELBOURNE DEPART 1930

0900 – 1700: Explore at your Leisure
1800 – 1900: Networking Session

DAY 6: 07/11/2025 | CONFERENCE DAY

0830 – 0930: Legal and Ethical Considerations
0930 – 1030: Family Dynamics and Support Systems
1030 – 1100: Break
1100 – 1200: Technological Advances in Treatment and Prevention
1200 – 1400: Lunch
Afternoon Self-directed CPD Activities via the Online Library

- Harm Reduction Strategies
- Drug Laws in Australia a state-by-state Review
- Gambling Laws in Australia a state-by-state Review

1800 – 1900: Farewell Function | Venue: The Cool Lounge and Bar, Deck 5

DAY 7: 08/11/2025 | ARRIVE SYDNEY

0700: Disembark - safe travels!

HOW TO DRESS ON A CRUISE

Most cruise lines offer a casual atmosphere onboard. Casual attire is the norm during the day, and there is no formal dress code at night. However, many passengers choose to change into something slightly less casual for dinner.

At least once per sailing, during which passengers are encouraged to dress up. While you rarely see tuxedos or evening gowns, suits and cocktail dresses are quite common.

Additionally, ships usually host several themed nights, such as White Parties, '70s, or '80s Night, Hawaiian or even Mexican during each sailing. It's a good idea to bring along a few themed items.

NB: Closer to your sail date you will be able to see what the exact theme nights are being held via your cruise companies app.

CONFERENCE TRANSCRIPT

Beyond the Bet: Health Perspectives on Gambling and Party Drugs | 02-08 Nov 2025

EPIDEMIOLOGY OF GAMBLING AND PARTY DRUG USE

This session will provide insights into the prevalence, trends, and demographic patterns of gambling and substance use globally and within specific communities.

NEUROBIOLOGY OF ADDICTION

This will be an exploration of the neurological underpinnings of addiction, including how gambling and substance use alter brain chemistry and the implications for treatment.

MENTAL HEALTH AND DUAL DIAGNOSIS

Discussion on the co-occurrence of mental health disorders with gambling and substance use disorders, challenges in diagnosis, and integrated treatment approaches.

CULTURAL AND SOCIAL DETERMINANTS

During this session there will be an examination of how cultural attitudes, social environment, and economic factors contribute to gambling and substance use behaviours, and how these elements can inform prevention and intervention strategies.

ILLICIT DRUG USE IN AUSTRALIA

The use of illicit drugs can result in health complications and, in some cases, fatalities. It affects the individual using the substances and has implications for their family, friends, and the wider community.

PILL TESTING – A HARM REDUCTION INITIATIVE

While the benefits of pill testing are significant, there are also challenges and criticisms. Some argue that it could implicitly encourage drug use or convey a message that drug use can be made safe.

LEGAL AND ETHICAL CONSIDERATIONS

This session will be an overview of the legal issues surrounding gambling and the use of party drugs, including regulatory challenges, ethical considerations in treatment, and the impact of legislation on public health.

FAMILY DYNAMICS AND SUPPORT SYSTEMS

Gain an understanding of the impact of gambling and substance use on families and relationships, strategies for involving families in the recovery process, and the role of support systems in facilitating change.

TECHNOLOGICAL ADVANCES IN TREATMENT AND PREVENTION

Presentation of emerging technologies, including digital therapeutics, telehealth interventions, and online support resources, and their efficacy in treating gambling and substance use disorders.

HARM REDUCTION STRATEGIES

This session will have a focus on harm reduction principles and practices, including needle exchange programs, safe gambling guidelines, and the role of healthcare professionals in advocating for harm reduction.

DRUG LAWS IN AUSTRALIA A STATE-BY-STATE REVIEW

This presentation offers a state-by-state review to provide a comprehensive understanding of Australia's drug laws, the diversity of approaches to drug issues, and the potential pathways toward more effective and compassionate drug policies.

GAMBLING LAWS IN AUSTRALIA A STATE-BY-STATE REVIEW

This presentation offers an in-depth examination of the intricate landscape of gambling laws across Australia, providing a detailed state-by-state analysis.

Sue Walker

Sue Walker
Conference Facilitator

08/11/2025

Date