



welcome!

Essentials to Keeping Afloat in Perioperative Nursing

CRUISING THE SOUTH PACIFIC DEPARTING BRISBANE
13-21 MARCH 2026

Welcome to the Nurses for Nurses Network and Education at Sea's *Essentials to Keeping Afloat in Perioperative Nursing Conference*. We trust you will find this conference interesting and relevant to you.

How to contact the Conference Conveners – Jason Dawson and Matt Dawson (Education at Sea)

The Conference Conveners are available to you during Conference program hours to answer any questions you may have. Any changes to the Conference program will be communicated to the group at the beginning of the first face to face session of the day and the last face to face session of the day.

As a Conference Attendee, it is your responsibility to make yourself available for these sessions to be aware of any changes. In the case of an emergency that occurs outside of the Conference program hours, please contact our office/s, who will send through your message.

After the Conference

1. Your Certificate of Completion will be available to you online at the Nurses for Nurses Network website.
2. You will also receive an email with a link to an online evaluation form.

We would appreciate it if you took a few minutes to provide us with some feedback, as it only helps to make CPD events better for everyone who attends.

How to Collect Your CPD Certificate

1. You will receive an email when your certificate is available. Click the link in the email to retrieve it or Login to <https://nfnn.com.au/nurses-for-nurses-network-account-dashboard/>
2. Enter your username and password
(Your login details were provided to you via email, please advise the office if you did not receive these.)
3. Click the Event CPD Certificates link on the left-hand side
4. Download and print if required

Online Library

The online library will be available to you until the 05th of April 2026. Scan the QR code to view the library or use the link below:

nfnn.com.au/south-pacific-perioperative-online-library



Office Contact

Don't hesitate to get in touch for further information.

Payments | Receipts | Refunds | Travel Arrangements

Education at Sea

02 7908 7774

enquiries@educationatsea.com.au

BH: Mon – Fri | 1000 - 1700

Program | Online Library | Certificates

The Nurses for Nurses Network

07 4151 3884 (Select Option 3)

enquiries@nfnn.com.au

BH: Mon – Thu | 0900 - 1500

Please Note: If you have an emergency during this event and can't speak to the convenor, please text (not call) our emergency number – 0485 931 608

THE PROGRAM

DAY 1: 13/03/2026 Depart Brisbane 1600	
1600: We set sail 1700 – 1800: Welcome drinks and Registration Event Venue: High Notes Bar, Deck 14 Partners are Welcome	
DAY 2: 14/03/2026 Conference Day Caribbean Conference Room Deck 2	
0800 – 0900: Professionalism in the Perioperative Environment 0900 – 1000: Leadership in the Operating Suite 1000 – 1030: Break 1030 – 1130: Human Factors and Situational Awareness 1130 – 1230: Perioperative Fatigue 1230 – 1400: Lunch	Afternoon: Self-directed Activities <ul style="list-style-type: none"> Asleep on the job: Can night shift napping provide greater safety for both staff and patients? Australian College of Perioperative Nurses (ACORN) - Standards on Staffing and Fatigue 1800 – 1900: Social Get Together
DAY 3: 15/03/2026 Conference Day Caribbean Conference Room Deck 2	
Morning: Self-directed Activities <ul style="list-style-type: none"> Standards for Safe and Quality Care in the Perioperative Environment (SSQCPE): Accountable Items Review your hospital policy on the assessment, prevention and management of Venous thromboembolism (VTE) 1100 – 1230: Lunch	1230 – 1330: Forgotten Something? - Retained Items 1330 – 1430: Perioperative Prevention & Management of Venous Thromboembolism 1430 – 1500: Break 1500 – 1600: Perioperative Inadvertent Hypothermia (Part 1) 1600 – 1700: Perioperative Inadvertent Hypothermia (Part 2) 1800 – 1900: Social Get Together
DAY 4: 16/03/2026 On Shore in Noumea, New Caledonia	
0700 – 1630: Take this day to explore this port of call at your leisure. 1800 – 1900: Social Get Together	
DAY 5: 17/03/2026 On Shore in Mystery Island, Vanuatu	
0700 – 1500: Take this day to explore this port of call at your leisure. 1800 – 1900: Social Get Together	
DAY 6: 18/03/2026 On Shore in Port Villa, Vanuatu	
0930 – 1730: Take this day to explore this port of call at your leisure. 1800 – 1900: Social Get Together	
DAY 7: 19/03/2026 Conference Day Caribbean Conference Room Deck 2	
0800 – 0900: Case Histories from the Coronial Inquests Informing our Perioperative Practice 0900 – 1000: Case Histories from the Coronial Inquests Informing our Perioperative Practice 1000 – 1030: Break 1030 – 1130: Malignant Hyperthermia	1130 – 1230: Perioperative Anaphylaxis 1230 – 1400: Lunch Afternoon: Self-directed Activities <ul style="list-style-type: none"> ANZCA Anaphylaxis MHANZ: Malignant Hyperthermia Resource Kit 1800 – 1900: Social Get Together
DAY 8: 20/03/2026 Conference Day Caribbean Conference Room Deck 2	
Morning: Self-directed Activities <ul style="list-style-type: none"> CPR Guidelines for Adults CPR Guidelines for Children 1100 – 1230: Lunch 1230 – 1330: CPR in the OR: A Case History Approach	1330 – 1430: Compassion Fatigue and Evidenced Based Practice 1430 – 1500: Break 1500 – 1600: Putting it All Together 1730 – 1830: Farewell Reception Venue: High Notes Bar, Deck 14 Partners are Welcome
DAY 9: 21/03/2026 Arrive Brisbane	
0630: Disembark – safe travel!	

OUR PRESENTER:

Dr Paula Foran, PhD., R.N., FACORN, FACPAN



Dr Paula Foran comes from a perianaesthesia nursing background and has many publications to her credit including published nursing articles and several book chapters. Paula has been a guest speaker and presented keynote presentations at national & international conferences. She has been awarded the 'Most Popular Presenter' for her keynote address at the International Collaboration of Perianaesthesia Nurses, and Best Oral Paper award at the European Operating Room Nurses conference in The Hague.

Paula completed her research PhD in 2012 and is an adjunct lecturer with the University of Tasmania. Paula currently sits on the 'Victorian Perioperative Council' and the Anaesthesia case review sub-committee in morbidity and mortality for the Department of Health.

She is also a sub-editor for the Journal of Perioperative Nursing and manages the column, 'Emerging Scholars' where Paula assists postgraduate students to see their publications come to fruition.

In her spare time, Paula is a registered Marriage Celebrant and MC!

The Nurses for Nurses Network

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Upcoming Events



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CONFERENCE TRANSCRIPT

Essentials to Keeping Afloat in Perioperative Nursing

13 - 21 Mar 2026 | Presenter: Dr Paula Foran

PROFESSIONALISM IN THE PERIOPERATIVE ENVIRONMENT

This presentation aims to openly discuss the difficult issues that can prevent the smooth running of an operating suite, disrupt communication and promote poor staff health and morale.

LEADERSHIP IN THE OPERATING SUITE

This presentation will discuss leadership theories and the impacts of both good and bad leadership on perioperative practice.

HUMAN FACTORS AND SITUATIONAL AWARENESS

Human factors refer to the environmental, organisational, job, and individual influences that affect workplace health and safety. This session explores how improving human factors and situational awareness supports safer patient care.

PERIOPERATIVE FATIGUE

This presentation will describe the circumstances leading to fatigue and highlight the real cost of perioperative fatigue to both perioperative nurses and their patients.

ASLEEP ON THE JOB: CAN NIGHT SHIFT NAPPING PROVIDE GREATER SAFETY FOR BOTH STAFF AND PATIENTS?

This session explores whether planned night-shift napping can reduce fatigue and improve safety for both healthcare staff and patients, using current evidence and practical workplace insights.

AUSTRALIAN COLLEGE OF PERIOPERATIVE NURSES (ACORN) - STANDARDS ON STAFFING AND FATIGUE

This self-directed activity is an overview of the Australian College of Perioperative Nurses (ACORN) standards relating to staffing levels, fatigue management, and safe perioperative practice.

STANDARDS FOR SAFE AND QUALITY CARE IN THE PERIOPERATIVE ENVIRONMENT (SSQCPE): ACCOUNTABLE ITEMS

An overview of accountable items within the Standards for Safe and Quality Care in the Perioperative Environment (SSQCPE) and their role in supporting safe perioperative practice.

FORGOTTEN SOMETHING? - RETAINED ITEMS

This presentation will look at the prevalence of retained items, and mechanisms that can be put in place to ensure a rigorous and safe counting process.

PERIOPERATIVE PREVENTION & MANAGEMENT OF VENOUS THROMBOEMBOLISM

This presentation will present case histories revealing the real-life impact of VTE, look at how VTE formation occurs, and discuss preventative measures.

PERIOPERATIVE INADVERTENT HYPOTHERMIA

A change to a patient's temperature seems like a simple problem however perioperative inadvertent hypothermia has very serious consequences if not detected and treated.

CASE HISTORIES FROM THE CORONIAL INQUESTS INFORMING OUR PERIOPERATIVE PRACTICE

This presentation will look at published case histories of incidents that have occurred in the perioperative environment with a view to learning in hindsight.

MALIGNANT HYPERTHERMIA

Malignant hyperthermia is a rare, inherited skeletal muscle disorder involving abnormal calcium metabolism. This session covers recognition, underlying physiology, and urgent management of this life-threatening emergency.

PERIOPERATIVE ANAPHYLAXIS

This presentation will explain the pathophysiology behind anaphylaxis and discuss current evidence-based practice for the treatment and management of this emergency.

ANZCA ANAPHYLAXIS

This session explores ANZCA anaphylaxis guidelines, focusing on recognition, immediate management, and best-practice responses to anaphylaxis in the perioperative setting.

MHANZ: MALIGNANT HYPERTHERMIA RESOURCE KIT

This session is an overview of the MHANZ Malignant Hyperthermia Resource Kit and its role in supporting preparedness, recognition, and emergency management.

CPR GUIDELINES FOR ADULTS

This session reviews current adult CPR guidelines, focusing on recognition, effective resuscitation techniques, and best-practice responses to cardiac arrest

CPR GUIDELINES FOR CHILDREN

This session explores paediatric CPR guidelines, highlighting age-specific assessment, resuscitation techniques, and key differences in emergency response for children.

CPR IN THE OR: A CASE HISTORY APPROACH

Whilst all nurses are trained in the basic life support and often also advanced life support, this presentation will offer specific understanding of this emergency occurrence and management in the OR by taking a case history approach.

COMPASSION FATIGUE AND EVIDENCED BASED PRACTICE

This presentation will look at how evidence inform our practice, and the lack thereof can be detrimental to ourselves, our patients and contribute to compassion fatigue. Strategies for preventions and care will also be discussed.

Putting it all Together

An opportunity to ask any further questions from the seminar learnings and to discuss how this education provided may be able to change practice on return to the perioperative environment.

Sue Walker

Sue Walker
Conference Facilitator

21/03/2026

Date